



Southeastern AAU Taekwondo District Championship March 19, 2022

Weapons Forms Non-Qualifying Event

Weapons Forms Competition:

Weapons Forms: Traditional

- Brazilian Repechage Format
- No live blades will be allowed
- Minimum one hand must remain in contact with the weapon at all times
- Inverted aerial maneuvers are not allowed
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Weapons Forms: Creative

- Brazilian Repechage Format
- No live blades will be allowed
- Weapon releases are allowed in creative division
- Inverted aerial maneuvers are allowed in creative division
- 90 second time limit
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity