



Southeastern AAU Taekwondo District Championship March 21, 2020

Special Needs Competition

Special Needs Competition follows the rules for Forms/Patterns and Point Sparring with the following modifications. Please refer to the 2020 AAU Taekwondo Handbook for these rules.

Divisions: Besides age, belt and weight, competition shall also be divided by categories.

Level 1: Competitors have limited mobility of arms and/or legs (do not kick above the waist, do not extend arms fully for hand technique) or have a lower level of cognitive skills.

Level 2: Competitors have full mobility of arms and legs (competitor can kick above waist and extend arms fully for hand technique) or have a higher level of cognitive skills.

Level 3: Competitors compete from a wheelchair (Sport Wheel Chair required – No other mobility aid will be allowed, such as crutches or cane)

Point Sparring Scoring Criteria:

Level 1: (No Head Contact Allowed) (limited mobility) One point shall be awarded for any valid hand technique executed to the legal body area within 1 inch or light contact and good technique. Two points shall be awarded for any valid foot technique executed to the legal body area within 1 inch or light contact and good technique. Points may be awarded for intent based on the physical limitations of the competitor to raise foot.

Level 2: (No Head Contact Allowed) (full mobility) One point shall be awarded for any valid hand technique executed to the legal body area with light contact and good technique. Two points shall be awarded for any valid foot technique executed to the legal body area with light contact and good technique.

Level 3: (Head Contact Allowed) (wheelchair) - Additional Mandatory Equipment and modifications
Foot protectors are not required for Category Level 3 (wheel chair) Sport Wheel, basketball style with wheelie bar (Category Level 3). One point shall be awarded for any valid hand technique executed to the legal head area with light contact and good technique. Two points shall be awarded for any valid hand technique executed to the legal body area with light contact and good technique.

For all techniques to be awarded a point or points, the contact must be light or within allowable limits as described above. A majority of the Judges and Referee must also concur that a valid point was indeed scored.

Board Breaking and Weapons Forms will have no modifications to existing rules. Special Needs Competitors will compete in divisions determined by age and belt rank.